

# TADISO TIMES

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## IMPORTANT NEWS

TADISO NOW OPEN AT 5AM FOR EMPLOYED PATIENTS.

FEDERAL REGULATIONS NOW PERMIT MORE TAKE HOME MEDICATION.

Do you have a friend in need of methadone or suboxone??

Refer them to Tadiso and receive a \$25 gift card.

Tell them to give your name to the intake counselor.

## Are you a diabetic?

For any diabetics who have an A1C under 8% this year, please bring proof to the Wellness Department to receive a **\$25 dollar gift card!**

## JUNETEENTH

Tadiso will be closed on Wednesday, June 19th to honor the Juneteenth holiday. The clinic will be open so you can receive your medication but staff services such as counseling and medical will be closed.

Juneteenth is a federal holiday in the United States. Legislation establishing the holiday was passed by Congress on June 16, 2021, and signed into law by U.S. President Joe Biden the following day. Juneteenth had previously been established as a state holiday in Texas in 1980, with a number of other states later declaring it a state holiday or day of observance.

On January 1, 1863, in the midst of the Civil War, United States President Abraham Lincoln issued the Emancipation Proclamation. The document ostensibly freed all enslaved people in the Confederacy, the former U.S. states that had taken the election of an antislavery president as reason to secede from the Union.

Contrary to popular belief, though, the Emancipation Proclamation didn't end American slavery, nor was it ever intended to do so. Northern states where slavery was legal, such as Missouri and Delaware, were not required to end the practice, nor were free Black Northerners granted the rights of American citizenship.

## Wellness Department Groups

Check out the board in the front lobby for all the various groups the Wellness Department holds each month. Reminder: these groups count towards your counseling hours!

If you participate in the Smart Goal group, and achieve the goal you developed, wellness staff will have a **\$25 dollar gift card** for you!



LGBT pride is the promotion of the self-affirmation, dignity, equality, and increased visibility of lesbian, gay, bisexual, and transgender (LGBT) people as a social group. Pride, as opposed to shame and social stigma, is the predominant outlook that bolsters most LGBT rights movements. Pride has lent its name to LGBT-themed organizations, institutes, foundations, book titles, periodicals, a cable TV channel, and the Pride Library.

# PREVENT

**More than 321,000 U.S. children lost a parent to drug overdose from 2011 to 2021.**



Federal study shows lives lost from overdose crisis are felt across generations, emphasizing need to include children and families in support.

An estimated 321,566 children in the United States lost a parent to drug overdose from 2011 to 2021, according to a study published in *JAMA Psychiatry*.

The rate of children who experienced this loss more than doubled during this period,

from approximately 27 to 63 children per 100,000. The highest number of affected children were those with non-Hispanic white parents, but communities of color and tribal communities were disproportionately affected. The study was a collaborative effort led by researchers at the National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA), the Substance Abuse and Mental Health Services Administration (SAMHSA), and the Centers for Disease Control and Prevention (CDC).

## **National HIV Testing Day**

On June 27, National HIV Testing Day highlights the importance of getting tested for HIV, knowing your status, and learning about options for HIV prevention and treatment.

The only way to know your HIV status is to get tested. Knowing your status gives you powerful information to keep you and your partner healthy.

Get tested for HIV at least once a year if you're at higher risk.

If you're a man who has sex with other men, you may need to get tested more often than once a year — like every 3 to 6 months. Talk to your doctor or nurse about what's right for you.

And get tested at least once a year if you:

Have sex with someone who has HIV

Use drugs with needles (not including drugs that a doctor or nurse prescribed for you)

Have sex in exchange for things, like drugs or money

Have another STI (sexually transmitted infection), also called STD (sexually transmitted disease)