

TADISO TIMES

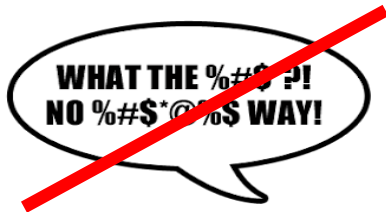
ISSUE 240

October 2022

IMPORTANT NEWS.....

Tadiso take hard stand on verbal abuse of staff.

Please do not verbally abuse staff or you will be sent to Case Conference. If Tadiso tolerates this behavior, we will not have any staff members. We value our staff and our patients and will not tolerate foul language from anyone.



Verbal abuse will lead to discharge.

DO I REALLY NEED COUNSELING AT TADISO??

Pennsylvania law requires all opioid treatment program to provide counseling for patients. New patients are required to complete 2.5 hours per month. After 2 years in the program, you are required to complete 1 hour of counseling per month. After 4 years in the program, and with progress, the counseling may be reduced to 1/2 hour per month.

Tadiso is bound by law to provide counseling to all patients. More importantly, all research shows that medication with counseling is the most effective way to RECOVERY.

You must complete your required counseling.



TADISO WILL OPEN AT 5:30AM FOR WORKING PATIENTS WITH A BLUE ID CARD

Effective October 3, all working patients can use their new BLUE ID CARD for faster admittance into the clinic and dispensing. If you haven't received your new BLUE card, please see the FISCAL Department.

BREAST CANCER AWARENESS MONTH



Schedule your screening today!!

For nearly four decades now, the country has recognized October as National Breast Cancer Awareness Month. It is a time annually devoted to educating everyone about breast cancer—and the importance of early detection and timely, high-quality care.

No matter who you are or where you live, breast cancer may touch your life. It's necessary to understand the warning signs of breast cancer, your risk and what's normal for you, so if there are any changes in your breasts, you can act.

Since 1989, Susan G. Komen has helped drive down mortality rates from breast cancer thanks to their focus on early detection and improvements in treatment—however, that progress is in jeopardy. During the COVID-19 pandemic, many people delayed their regular screening and the pandemic disrupted treatment and research progress. Through research, growing knowledge about breast cancer has led to new therapies and targeted treatments that improved outcomes for many people.

Dedicate this October as a time of action, both for yourself and others.

TIER 1 WELLNESS PATIENTS.....

If you have been told you are a Tier 1 patient this year by staff in the Wellness Department and have proof of your Hep C test, please contact Wellness Nurse Adriana @ Ext. #188 or Wellness Educator Victoria @ Ext # 208.

They have a gift card for you! Hep C Testing is encouraged for all patients.

MENTAL ILLNESS AWARENESS WEEK

Mental Illness Awareness Week occurs during the first week of October and this year, it is observed from October 2 to 8. Millions of people live with a mental illness and it not only affects them but also those around them — family, friends, or coworkers.

Mental Illness Awareness Week is run in collaboration with the National Alliance of Mental Illness (N.A.M.I). NAMI's goals are to raise awareness of mental illnesses, fight discrimination, and provide support through Mental Illness Awareness Week (M.I.A.W.). This has become a dedicated time for mental health advocates across the country to come together as one unified voice.

This year's MIAW is centered around the theme "What I Wish I Had Known" where we will focus on the power of lived experience.

Beginning in July 2022, 988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States.

When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis.

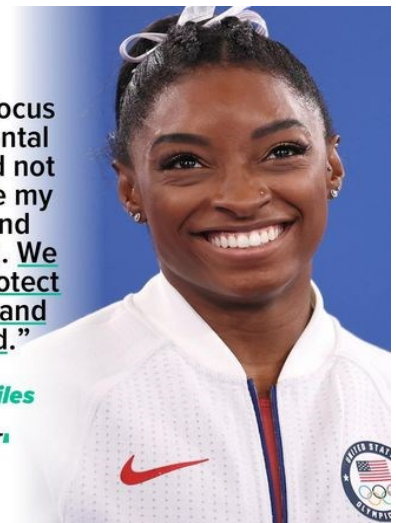
The Lifeline's network of over 200 crisis centers has been in operation since 2005, and has been proven to be effective. It's the counselors at these local crisis centers who answer the contacts the Lifeline receives every day. Numerous studies have shown that callers feel less suicidal, less depressed, less overwhelmed and more hopeful after speaking with a Lifeline counselor.

“

I have to focus on my mental health and not jeopardize my health and well-being. We have to protect our body and our mind.”

Simone Biles

HUFFPOST



Four-time Olympic gold medalist Simone Biles said "I have to focus on my mental health" after pulling out of the women's gymnastics team final in July 2021. The American left the arena after the vault, but later returned to support her team-mates as they claimed silver behind the Russian Olympic Committee.