

# TADISO TIMES

ISSUE 249

July 2023

## IMPORTANT NEWS

Tadiso will be closed on Tuesday, July 4th, to recognize Independence Day. Take home medication will be given on July 3rd.



## WORDS FROM WELLNESS

Tadiso is an Opioid Treatment Program that provides behavioral health services. However, your physical health and wellness are important to us. We have 3 employees in our Wellness Department. They receive referrals from patient's insurance provider to assist with your health and wellness.

### ARE YOU A DIABETIC?

If you are a diabetic with an A1C of less than 8%, please direct yourself to the wellness department, they have a goodie bag for you! If your A1C is higher, please work with your healthcare provider on getting your A1C controlled, once you have documented proof your A1C is less than 8%, go to the Wellness Department for your prize!



### DID YOU KNOW TADISO HAS A SMOKING CESSATION PROGRAM?

If interested in quitting, please direct yourself to the wellness department to get started on your smoking cessation journey! There will be many incentives! According to the CDC, quitting smoking:

- Improves health status and enhances quality of life.
- Reduces the risk of premature death and can add as much as 10 years to life expectancy.
- Reduces the risk for many adverse health effects, including poor reproductive health outcomes, cardiovascular diseases, chronic obstructive pulmonary disease (COPD), and cancer.
- Benefits people already diagnosed with coronary heart disease or COPD.
- Benefits the health of pregnant women and their fetuses and babies.
- Reduces the financial burden that smoking places on people who smoke, healthcare systems, and society.
- While quitting earlier in life yields greater health benefits, quitting smoking is beneficial to health at any age. Even people who have smoked for many years or have smoked heavily will benefit from quitting.

## TO ALL PATIENTS WHO COME TO THE CLINIC AT 5:30AM

The only service available at 5:30am is **medication**. You are responsible for scheduling and attending your other services. Be proactive. Coordinate a plan with your RSS and your counselor to complete services. If you schedule it, you can attend without problems. If you wait for your provider, he/she will place a hold and it may not be convenient for you.

Also, stop harassing and bullying our staff because you have a hold. We ONLY agreed to provide medication at 5:30am.

Vulgarity will result in an escort to the street.



## Kid's Festival & Open House

On July 24, 2023, Tadiso will host a Kid's Festival, in honor of **Ruth Jefferson**, LPN. Mrs. Jefferson, also known as Ms. J., spent more than 37 years as a nurse at Tadiso. She was an advocate for children's activities at Tadiso and wanted the kids to experience all the good things that life can offer. Therefore, we will be having food, games, treats, balloons, and a petting zoo in the parking lot. All patients' children are invited.

In addition, we will be having an OPEN HOUSE for our Child Care Center. Bring your children to see

### TADISO TIDBITS .....tips for success

- Working patients—If you want to medicate at 5:30am, you must agree to make arrangements for medical and fiscal appointments, which open at 6am and complete your counseling and RSS services.
- If you are traveling and need to GUEST DOSE at another clinic—please provide 10 business days notice to your counselor so we can contact the clinic who is providing medication to you at your destination.
- Get your services completed early in the month so you won't have a HOLD when you have plans for a fun day at the park.
- Taking something that is not yours is theft and it will be reported to the police.

### World Hepatitis Day

Each year on July 28, the World Health Organization celebrates World Hepatitis Day as a time to raise awareness and understanding about viral hepatitis. Every year, more than a million lives are lost to hepatitis. We're not waiting for change – we're fighting to make it happen.

People living with viral hepatitis unaware can't wait for testing

People living with hepatitis can't wait for life saving treatments

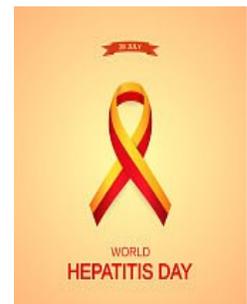
Expectant mothers can't wait for hepatitis screening and treatment

Newborn babies can't wait for birth dose vaccination

People affected by hepatitis can't wait to end stigma and discrimination

Community organizations can't wait for greater investment

Decision makers can't wait and must act now to make hepatitis elimination a reality through political will and funding.



'We're not waiting' is call to action for WHD 2023. It's a call to accelerate elimination efforts of viral hepatitis now and the urgent need for testing and treatment for the real people who need it. Individuals and communities around the world are making change happen in their own lives and in world around them. We celebrate them, while demanding more action.